

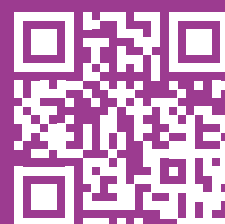
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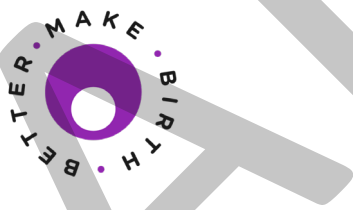
Healthier Beginnings

Thursday 8 May 2025 | King's House Conference Centre

Scan the QR code to access our full digital programme - bit.ly/41UUiFH



With thanks to our exhibitors





Programme

Our conference programme brings together local, national, and international experts and speakers who are focused on strengthening health visiting practice. Our conference programme also includes a wide range of interesting topics and presentations drawn from the highest scoring submissions to our call for abstracts from researchers and leaders in practice.

Session being live-streamed and recorded

Time	Session	
09:07 - 09:10	Welcome to iHV Conference - introductory film	Auditorium
09:10 - 09:30	<i>Partner Presentation Rocket Healthcare - Smarter Tools, Stronger Support: Health Visiting for the Next Generation</i>	
Keynote Session 1 - Healthier Beginnings		Auditorium
09:30 - 09:35	Welcome from the chair	
09:35 - 09:50	Health Visitor Delivery of the Surviving Crying Support Service for Parents Professor Jayne Brown Professor of Health Care Professions, Nottingham Trent University Louise Wolstenholme 0-19 Lead for Research, Sheffield Children's NHS Foundation Trust	
09:50 - 10:05	Shaping Us: Nurturing Social and Emotional Development in Early Childhood Sally Hogg Associate Director - Programme and Impact, The Royal Foundation Centre for Early Childhood	
10:05 - 10:20	LGBTQ+ lived experience of infertility, fertility treatment, pregnancy after loss, and parenthood Bethan Shoemark-Spear Ambassador, The Fertility Alliance	
10:20 - 10:25	In Your First Weeks I Was a Baby Too Maria Ferguson Poet	
10:25 - 10:45	Q&A	
10:45 - 11:10	Break & exhibition	
AM Concurrent Sessions <i>Please follow information on room location for your chosen concurrent session</i>		
11:10 - 12:20	Parenting Challenges	Seminar Room 3/4
Concurrent Session 1	Exploring health visitors' role in partnering with parents to reduce alcohol-related developmental disorders in England: a mixed-methods study Jayne Walker	
	Experiences and perceptions of student health visitors recognising and responding to domestic abuse in practice placement settings Susan Perryman	
	Breaking cycles of domestic abuse in the first 1001 days Judith Rees from The For Baby's Sake Trust	
	Better Outcomes Postnatally for Mums: A co-production project with women who have lived experience of challenges accessing healthcare Dr Jennifer MacLellan	
	Q&A	
11:10 - 12:20	Health Visitor Service Models	Seminar Room 1
Concurrent Session 2	Exploring Parents' experience of child health reviews with health visitors using video consultations: a Hermeneutic Phenomenological Approach Dr Clare Slater-Robins	
	Blackpool's 'Community Connector' approach in collaboration with health visitors. Working together to strengthen family engagement and uptake with Early Years services Jessica Parr, Jo Smith and Shirley Dawson	
	What impact has the Universal Health Visiting Pathway had on the professional identity of health visitors in Scotland? Dr Judith Marston	
	Q&A	



Time	Session	
11:10 - 12:20	Infant feeding, Healthy Weight and Nutrition	📍 Seminar Room 5
Concurrent Session 3	Increasing the breastfeeding rates in Hull - our approach Ellie Talbot-Imber and Debbie Jackson	
	Cornwall's Family Hub Start for Life Infant Feeding Project demonstrates improved breastfeeding rates and strengthens the Health Visiting workforce Ruth Fromow	
	Update on NICE guidance: nutrition and weight management in pregnancy, and nutrition in children up to 5 years Victoria Jackson	
	Q&A	
11:10 - 12:20	Perinatal Mental Health (🔊)	📍 Auditorium
Concurrent Session 4	Exploring fathers' wellbeing before, during and after paternity leave Jessica Hobbs	
	The impact of peer support through NCT Parents in Mind programme Alison Baker, Holly Flynn, Emily Henson and Carol Amoako-Adofo	
	Fathers film: "Invisible" Chris Godwin at Inner Eye Productions, in collaboration with iHV	
	Q&A	
12:20 - 12:30	<i>Movement between rooms</i>	
PM Concurrent Sessions <i>Please follow information on room location for your chosen concurrent session</i>		
12:30 - 13:40	Child Safety (🔊)	📍 Auditorium
Concurrent Session 5	The debate on smacking Michele Lawrence (Head of Safeguarding and Workforce Development at OHID)	
	Merseyside Police and health visitors collaborate to reduce sudden unexpected deaths of infants Lisa Marshall	
	Unintentional Injuries and Safer Sleep Angela Burns and Alicia Anderson	
	Q&A	
12:30 - 13:40	Child Development	📍 Seminar Room 3/4
Concurrent Session 6	The impact of digital technology on young children Katy Potts	
	Enhancing Early Communication Development: A Collaborative Approach between Health Visiting Services and Speech and Language Therapists (SLT) Ngozi Okoro and Kirsty Ayers	
	Authentic free play is pivotal to social, emotional and prosocial development; are Health Visitors equipped to come out to play? Bernadette Bradley	
	Q&A	
12:30 - 13:40	Strengthening the Health Visiting Workforce	📍 Seminar Room 1
Concurrent Session 7	Expert to novice: the challenges of the transition to the health visitor role and its implications for workforce development Dr Lorraine Henshaw	
	Retaining through training. Strengthening the health visiting workforce – the case of parent-infant relationships Dr Karen Kinloch and Melanie Farman	
	Development of Community Nursery Nurses (CNNs) within health visiting teams through the Infant 2 School Programme Dr Sharin Baldwin, Liza Azizpoor and Marzia Keshani	
	Q&A	



Time	Session	
12:30 - 13:40	Respiratory Health	📍 Seminar Room 5
Concurrent Session 8	Definitive findings from the BabyBreathe trial - preventing return to smoking postpartum Professor Caitlin Notley	
	RCPCH Air Pollution Companion Fliss Stephenson	
	Respiratory Health in Health Visiting Victoria Jackson	
	Q&A	
13:40 - 14:25	Lunch & exhibition	
14:25 - 14:55	Breakout Oral Presentations *Vote for the best presentation! Please follow information on room location for your chosen BOP	
1 - Perinatal and Infant Mental Health ((●))	📍 Auditorium	2 - Quality Improvement in Health Visiting 📍 Seminar Room 1
Exploring the Impact of General Anaesthetic Caesarean Section and ICU admission, on Maternal Mental Health, Mother/Infant Bonding & Father/Partner Experiences Michelle Anderson		Facilitating Parent Focus Groups to co-design health visiting services, to reduce health inequalities, meet local need and improve health outcomes Mina Warden
SIGNETS Belfast Parent-Infant Relationship Team Early Intervention Project Zoley Barber, Jayne Cooper and Angela Robinson		A Partnership Sleep Campaign for all children including those with additional needs and disabilities Pauline Bigwood
What are health visitors' opinions of the Perinatal Wellbeing Health Visitor Service: findings from a service evaluation undertaken for master's study Nicola Dyke		The FOREST Pathway in Somerset Sophie Jones and Catherine Bray
Impact of Newborn Behavioural Observation System training on health visitors Dr Joana Taylor Tavares		Talking and thinking skills, and caregiving experiences in families with children born in lockdown: presenting the BICYCLE study Professor Nicola Botting and Jane Flynn
The Alarm Distress Baby Scale (ADBB) Phase Two Study: a mixed methods evaluation of the expansion of the m-ADBB and ADBB training programme within health visiting teams across the UK Hilda Beauchamp		'My Journey' A navigation tool for babies, children and young people (BCYP) with SEND Kirsty Jacques and Nikki Freeman
14:55 - 15:00	<i>Movement between rooms</i>	
Keynote Session 2 - The Future of Health Visiting ((●))		📍 Auditorium
15:00 - 15:05	Welcome back	
15:05 - 15:20	Health Visiting: building capacity and capability to deliver change Professor Jamie Waterall Deputy Chief Public Health Nurse for England, Office for Health Improvement and Disparities (OHID)	
15:20 - 15:35	The Generation Study - its simplicity and complexity Sally Shillaker Professional Development Lead - Genomics, Institute of Health Visiting	
15:35 - 15:50	Drive change – do it with the evidence Alison Morton CEO, Institute of Health Visiting	
15:50 - 16:10	Q&A	
16:10 - 16:20	Awards, Raffle Prize Draw and Closing Remarks	

Institute of Health Visiting

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c/o Royal Society for Public Health, John Snow House, 59 Mansell Street, London E1 8AN
Telephone: +44 (0) 207 265 7352 | Email: conferences@ihv.org.uk | www.ihv.org.uk