



Change for the better

Leading towards a fairer and equitable future

iHV Leadership Conference Wednesday 4 December 2024

De Vere Grand Connaught Rooms, Holborn, London



iHV Leadership Conference



Welcome!

It is my great pleasure to welcome you to this year's Leadership Conference and thank you all for travelling and connecting from all four corners of the UK to join with us today. What unites us is our shared ambition to give every child the 'best life from the start'. We also share similar challenges as we look to navigate our profession through an increasingly complex and fragmented world.

The future of health visiting now rests in all of our hands - and will require strong health visiting leaders across the UK to lead our profession into the future. Alongside courageous leadership, we must be driven by the best evidence, and our unwavering ambition to improve health and reduce inequalities for the babies, children, families and communities that we serve, as our plumbline.

Our conference today provides an opportunity to join with other like-minded people as we look to build a better future and strengthen health visiting leadership. Our carefully selected programme is centred on four key pillars of leading change through: improving health equity, being guided by strong health visiting policy, translating evidence into practice, and equipping a workforce to lead.

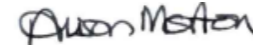
Each keynote session features a fantastic line up of high-profile speakers and we thank all of them for prioritising their time to join with us today. We feel especially privileged and honoured to be joined by Rosamund Adoo-Kissi-Debrah CBE whose experiences in her 'Fight for Clean Air' bring into sharp focus the human cost of health inequity and the need for 'change for the better'.

We are also delighted to be hosting a Chief Nursing Officer/Chief Midwifery Officer (CNO/CMidO) panel, representing the four UK nations – the panel will discuss their strategies for health visiting, and the importance of leadership to strengthen prevention, population health and health equity. All our keynote sessions also provide a fantastic opportunity for you to ask our speakers any of your burning questions.

Please also take the opportunity to meet with our exhibitors and sponsors during the break times, many of them are our partners in various projects, and we thank them for their support.


If you are not an iHV member, please consider joining us. The iHV is a charity, led by health visitors as a centre of excellence for our profession. Our membership is growing fast as more health visiting practitioners are recognising the benefits of being part of our growing movement - be part of our collective voice for the health visiting profession and gain access to a fantastic array of resources, member events and networking opportunities to support you.

I hope you have a wonderful day – please do come and say 'hello', I would love to meet you and hear about the great work that you are leading.



Alison Morton
CEO Institute of Health Visiting



 Welcome to our streamlined conference programme! In line with iHV's commitment to the environment, we're bringing you all the essential content in a smaller, eco-friendly format. Use the QR codes throughout to see more details online.

Conference Aim:

The conference will provide delegates with an opportunity to explore leadership in action, using examples from practice, research and policy to illustrate the need and opportunities for achieving fair and equitable health provision for babies, children and families.

Learning objectives:

- Provide information and knowledge on policies, research and practice that impact on early life, health and family wellbeing, focused on improving health and reducing inequalities.
- To learn from speakers with lived experience and leading experts on the importance of tackling health inequities, and health visiting's advocacy role in addressing the wider determinants of health.
- To hear the CNO/CMidO strategies for health visiting in all four UK nations, and the importance of leadership in nursing to strengthen prevention, population health and health equity.
- To engage delegates in the development of ideas about using policy to support progressive health visitor service provision for the benefit of marginalised groups and those who experience poorer health outcomes and inequity.
- To illustrate through research, innovation and practice examples, health visitor leadership in action which impacts on equitable health provision for babies, children and families - using evidence to improve practice.
- Facilitate examination and debate of what a health visitor workforce can achieve with the right people in the right roles and with the right professional development opportunities.
- Provide space and networking opportunities to share practice, supporting a culture for learning which enables workforce development and the next generation of inspirational leaders to thrive.
- To gain Continuing Professional Development (CPD) points to support Nursing Midwifery Council (NMC) revalidation.

Programme

Our programme examines the importance of health visiting leadership to drive change for the better. With four keynote sessions, we focus on leading change through: improving health equity, being guided by strong health visiting policy, translating evidence into practice, and equipping a workforce to lead.

Time	Session
09:00 - 09:40	Registration
09:40 - 10:00	Breakfast symposium What is spinal muscular atrophy and how can health visitors help to improve time to diagnosis Novartis UK
10:00 - 10:05	Welcome Alison Morton CEO, Institute of Health Visiting
Keynote Session 1: Leading change, improving health equity	
10:05 - 10:25	Progress Report on Women's Health Strategy for England Professor Dame Lesley Regan DBE MD DSc FRCOG Professor of Obstetrics and Gynaecology, Imperial College London and Honorary Consultant, Imperial College Healthcare NHS Trust at St Mary's Hospital
10:25 - 10:45	Leading Global Change Professor Charlotte McArdle Deputy Chief Nursing Officer – Quality, Safety, Sustainability and Women's Health
10:45 - 11:05	A Mother's Fight for Clean Air Rosamund Adoo-Kissi-Debrah CBE Founder, Ella Roberta Foundation
11:05 - 11:25	Q&A
11:25 - 11:50	Break
Keynote Session 2: Leading health visiting policy across the UK	
11:50 - 12:40	National leadership for health visiting – with CNO/CMidO panel Duncan Burton Chief Nursing Officer for England Karen Jewell Chief Midwifery Officer for Wales Justine Craig Chief Midwifery Officer for Scotland Sonia Glendinning Nursing Officer, Public Health, Department of Health, Northern Ireland
12:40 - 13:25	Lunch
13:25 - 13:30	Welcome back from Chair
13:30 - 13:40	Creative Hope Chris Read Songwriter, writer and performer

Time	Session
Keynote Session 3: Leading through research and evidence-based practice	
13:40 - 13:55	Supporting early childhood mental health: Long-term findings of the Healthy Start, Happy Start study Dr Christine O'Farrelly Principal Research Associate, Centre for Research in Play in Education Development and Learning, University of Cambridge
13:55 - 14:10	Leading through health visiting research to improve outcomes for babies, young children, their families and communities Professor Ruth Endacott NIHR Director of Nursing & Midwifery, National Institute for Health and Care Research
14:10 - 14:25	Leading and Transforming Services in Hull: One Hull of a Journey Heidi Fewings 0-19 Service Manager, Hull 0-19 Integrated Public Health Nursing Service, Humber Teaching Foundation Trust Rebecca Price Hull 0-19 Modern Matron, Humber Teaching Foundation Trust Justine Rooke General Manager, Humber Teaching Foundation Trust
14:25 - 14:40	Q&A
Keynote Session 4: Leading and equipping the health visiting workforce.	
14:40 - 14:55	The power of leadership for a thriving health visiting workforce Acosia Nyanin Deputy Chief Nursing Officer for England - Professional and System Leadership, NHS England
14:55 - 15:10	Growing a workforce Karen Whittaker Education & Workforce Lead, Institute of Health Visiting
15:10 - 15:25	Preceptorship and workforce retention Amanda Holland Professional Education, Learning and Development Lead, Institute of Health Visiting Marian Judd Practice Lead for Health Visiting, Bath and North East Somerset and Wiltshire Children's Services (HCRG Caregroup)
15:25 - 15:35	Books for all: supporting speech and language development through the 'Little Free Library' Nicola Taggart Health Visitor, Manchester University NHS Foundation Trust, Winner of the iHV SCPHN HV Student Award 2024
15:35 - 15:50	Q&A
15:50 - 16:00	iHV SCPHN HV Student Award 2024 presentation, Honorary Fellows and closing remarks

Our speakers

Through keynote presentations, panel discussions and interactive sessions, we will explore the latest research, policy and practice aimed at strengthening practice and collaborative working to improve health and reduce inequalities. We are privileged to be joined by such eminent speakers.

Scan the QR code to read speaker biographies.



Professor Dame Lesley Regan
DBE MD DSc FRCOG

Professor of Obstetrics and Gynaecology
Imperial College London and Honorary
Consultant, Imperial College Healthcare
NHS Trust at St Mary's Hospital



Professor Charlotte McArdle

Deputy Chief Nursing Officer –
Quality, Safety, Sustainability and
Women's Health



Rosamund Adoo-Kissi-Debrah
CBE

Founder
Ella Roberta Foundation



Duncan Burton

Chief Nursing Officer
for England



Karen Jewell

Chief Midwifery Officer
for Wales



Justine Craig

Chief Midwifery Officer
for Scotland



Sonia Glendinning

Nursing Officer, Public Health
Department of Health, Northern Ireland



Chris Read

Songwriter, writer and performer



Dr Christine O'Farrelly

Principal Research Associate,
Centre for Research in Play in Education
Development and Learning,
University of Cambridge



Professor Ruth Endacott

NIHR Director of Nursing & Midwifery,
National Institute for Health and
Care Research



Heidi Fewings

0-19 Service Manager,
Hull 0-19 Integrated Public Health
Nursing Service, Humber Teaching
Foundation Trust



Rebecca Price

Hull 0-19 Modern Matron,
Humber Teaching Foundation Trust



Justine Rooke

General Manager,
Humber Teaching Foundation Trust



Acosia Nyanin

Deputy Chief Nursing Officer for England -
Professional and System Leadership,
NHS England



Dr Karen Whittaker

Senior Education and Workforce Lead,
Institute of Health Visiting



Amanda Holland

Professional Education,
Learning and Development Lead,
Institute of Health Visiting



Marian Judd

Practice Lead for Health Visiting,
Bath and North East Somerset and
Wiltshire Children's Services
(HCRG Caregroup)



Alison Morton

CEO, Institute of Health Visiting



Nicola Taggart

Health Visitor, Manchester University NHS Foundation Trust,
Winner of the iHV SCPHN HV Student Award 2024

Post-conference evaluation and certificate of attendance

We hope that you really enjoy our Leadership Conference. Your feedback is so important to us and it helps us to shape and improve our future conferences.

Please tell us what you think by completing the evaluation survey. Use the QR code, or the link in the email that we will send you after the conference.

Your attendance certificate and CPD points will be automatically emailed to you after the conference

If you have any queries, please don't hesitate to email: conferences@ihv.org.uk



Opportunities to ask questions

Whether you're joining online, or in-person, use Slido to post your questions to our speakers. You can also vote for the questions that you most want answered. If you are here in person, you can use Slido or revert to the 'old fashioned' method of raising your hand.

Join the conversation by scanning the QR code.

slido



Enter our raffle!

Our prize draw gives you the chance to win:

- **One free conference ticket** (valid until Dec 2025)
- **A £30 voucher to be used for iHV conferences or training** (valid until Dec 2025)

To enter, use the stamp card (found in your delegate pack), visit each of our exhibitors to get a stamp and then drop your completed card into the iHV Letterbox!

The prize draw will be made at the end of the conference.





Join Novartis for their breakfast symposium at 09:40 and visit their stand in the exhibition hall to find out more about the work that they are doing.



Our Exhibitors



We are an England-wide Research Network dedicated to supporting the social and emotional development of children under 5 and their families by increasing research capacity across services. In particular, we are very keen to support all health visiting services to become research active! For more information, please visit: www.supportingearlyminds.mhid.org.uk

Supporting Early Minds is hosted by the Department of Social Policy and Intervention and the Department of Experimental Psychology, University of Oxford and funded by the Oxford Health NIHR Biomedical Research Centre.



NIHR | Oxford Health Biomedical Research Centre www.supportingearlyminds.mhid.org.uk



The National Institute for Health and Care Research (NIHR) funds, enables and delivers all aspects of health and social care research to improve health and wellbeing, and promote economic growth.

Nurses and midwives are the largest group of health and care professionals and make an unparalleled contribution to clinical research, making a real difference to people's lives. The NIHR Nursing and Midwifery vision is to inspire nurses and midwives to improve people's health through research.

www.nihr.ac.uk/career-development/support-by-profession/nurses-and-midwives [#NIHRNursingMidwifery](https://twitter.com/NIHRNursingMidwifery)



We support many health visiting teams throughout the country to successfully run digital services using our award-winning ChatHealth platform and ever-popular Health for Under 5s website. Over 120,000 messaging conversations were started by parents last year, supporting families to easily get help. Set up a messaging service to enhance your health visiting offer, using resources and skills you already have, whilst reducing pressures on A&E and GPs. Plus, you can provide online updates on local advice and support services.



<https://chathealth.nhs.uk/> <https://healthforunder5s.co.uk/>

[@ChatHealthNHS](https://twitter.com/ChatHealthNHS)

[@HealthforU5s](https://twitter.com/HealthforU5s)

Impacts Report: <https://impacts.dhtsnhs.uk/spotlights/health-visiting/>

UK Covid-19 Inquiry



The UK Covid-19 Inquiry is offering an opportunity for people across the UK to share their pandemic experiences with us via Every Story Matters. We know that leaders in the health visiting field had a unique insight into how the pandemic affected maternity and early years care and we hope that as many delegates as possible consider sharing their story with us. Please come and visit our stand to find out how you can take part.

<https://covid19.public-inquiry.uk/every-story-matters/>

[@covidinquiryuk](https://twitter.com/covidinquiryuk)

[@covidinquiryuk](https://facebook.com/covidinquiryuk)

[@ukcovid19inquiry](https://instagram.com/ukcovid19inquiry)



Through our training and our free advice, resources and educational campaigns, the Child Accident Prevention Trust supports Health Visitors to prevent serious accidents. Sign up for information, advice and free downloads www.capt.org.uk/sign-up
Visit our resource centre for free downloads including our Parents Pack, fact sheets (including in translation), posters and session plans www.capt.org.uk/resource-centre/
Follow us on Facebook for posts to share with families www.facebook.com/ChildAccidentPreventionTrust/
Visit us on the stand today to claim your free resources and talk to us about our training.

www.capt.org.uk/sign-up [@ChildAccidentPreventionTrust](https://facebook.com/ChildAccidentPreventionTrust)

[@CAPTcharity](https://twitter.com/CAPTcharity)

[@CAPT_charity](https://instagram.com/CAPT_charity)



We're the independent regulator of more than 826,000 nurses, midwives and nursing associates.

Our vision is safe, effective and kind nursing and midwifery practice for everyone.

www.nmc.org.uk

[@nmcnews](https://twitter.com/nmcnews)

[@nmcuk](https://facebook.com/nmcuk)

[@nmcnews](https://instagram.com/nmcnews)



We are a small, yet passionate user-led charity, which works tirelessly to make life better for children with hydrocephalus (known as water on the brain) and the families who love and care for them.

Every year 1 in 770 babies will be diagnosed with hydrocephalus, yet there is little awareness of the condition and its impact. We are working to change this through targeted awareness raising.

www.harrys-hat.org

[@HarrysHAT5](https://twitter.com/HarrysHAT5)

[@harryshattrust](https://facebook.com/harryshattrust)

[@harrys_hat_charity](https://instagram.com/harrys_hat_charity)

DATES FOR YOUR DIARY



Member-only benefit

16 JANUARY 2025 🔒

iHV Insights Webinar

28 JANUARY 2025 🔒

Corporate Service Leads Networking

05 FEBRUARY 2025 🔒

Health Visitor Advisory Forum Meeting

13 FEBRUARY 2025 🔒

SCPHN Students Networking

18 FEBRUARY 2025 🔒

PIMH Special Interest Group Meeting

20 FEBRUARY 2025 🔒

iHV Insights Webinar

26 FEBRUARY 2025 🔒

Retired Member Networking

05 MARCH 2025 🔒

Practice Education Networking

12 MARCH 2025 🔒

SEND Special Interest Group

20 MARCH 2025 🔒

iHV Insights Webinar

02 APRIL 2025 🔒

Research Networking

08 MAY 2025

iHV Evidence-based Practice Conference | Manchester

**NOT A MEMBER?
DISCOVER THE
BENEFITS OF
BECOMING A
MEMBER TODAY!**



JOIN THE iHV LEADERSHIP MENTOR PANEL LEADING EXCELLENCE IN PRACTICE 2025

We need you! Are you:

- Experienced SCPHN (minimum of 3 years) with leadership experience?
- Working (or have worked) in a specialist or clinical leadership role?
- Willing to support one mentee through 4 sessions of mentorship via a virtual thinking space?
- Suitably supported by your employer to participate and provide mentorship for future leaders?

Our iHV Leading Excellence in Practice programme is popular! We have a growing number of cohorts in 2025 and are delighted to see the next generation of aspiring and energetic SCPHNs stepping forward to become leaders for the profession. Each candidate receives mentorship as one of the key elements of the blended programme we offer - and the associated feedback we receive is amazing.

Join our panel

Our mentors tell us how much they enjoy meeting with our candidates, with opportunities for shared reflection, learning and networking. Their continued support is testament to this, but we are now seeking more mentors to meet anticipated growth in participation in 2025.

Express interest below - and join an online briefing meeting on **9 January 2025 | 10am - 11am.**

The commitment we ask of you is a minimum of 4 x 1 hour virtual mentorship meetings for your selected candidate between February and September 2025.

We look forward to hearing from you

Express interest here:

bit.ly/3YQ3sC3



Learn more about the programme:

bit.ly/40FE3vY



Any questions? | Training@ihv.org.uk



The Innovation & Research Team is currently planning some exciting new events and training for early in 2025, look out for the dates and how to book on for:

- Launch of a new Fathers and Mental Health Film.
- Respiratory Ambassadors Training, which will feature topics such as viral induced wheeze, indoor and outdoor air pollution, and the launch of new resources to support your practice.
- Ultra-processed foods webinar.
- Launch of a new motor development toolkit to support you in identifying atypical and delayed development and how to support families.

Institute of Health Visiting

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